

# Spring *and* Summer 2023

NEW TITLES

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9781459417359

- English
- 153 x 229 x 13 mm
- 248 pages
- Lorimer

**Subject**

BUSINESS &amp; ECONOMICS / Labor / General

**Other formats**

9781459417441

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: May 09, 2023

**Gigs, Hustles, & Temps**

*How precarious work lowers wages, makes Canadians poorer and deprives workers of rights — while it empowers and enriches big corporations*

By (author) Jason Foster 

Apr 11, 2023 | Paperback, Trade | \$27.95 |

In this profoundly troubling and incisive look at the state of work and welfare in Canada, Jason Foster reveals the long, often-hidden process that has left our jobs less secure, our livelihoods more uncertain, and the pockets of Canada's wealthy fatter than ever. This phenomenon, the rise of "precarious work," touches the entire economy and contributes to levels of income inequality unseen since the early 20th century. Our world is less secure than it has been in generations. *Gigs, Hustles, and Temps* describes how we got here, and why.

Jobs across the economy are increasingly more precarious, and they share similar characteristics: impermanence, little to no benefits, and no union representation. Uber, Starbucks and Amazon have led the way. Governments are contracting out more labour than ever before. Tech companies hire workers on "flexible" contracts without the prospect of long-term employment. Migrant workers, too, are working without a safety net, figuratively and literally. No matter where you fall on the socio-economic ladder, your life is probably more precarious than your parents' once was.

Foster offers insights into the many consequences of our increasingly precarious world. He also details some of the less obvious repercussions of precarious work, including its contribution to the crisis of mental and public health across Canada.

Foster argues that the rise of precarious work is more a "return to normal" for capitalist economies. But there is a flip side: advances in worker welfare have come through solidarity, struggle, and negotiation with the forces currently promoting precarious work across Canada's economy. Things don't have to be the way they are. *Gigs, Hustles, and Temps* is a comprehensive, accessible, and essential guidebook on the road to a better world.

**Contributor Bio**

JASON FOSTER is a professor of human resources and labour relations at the Athabasca University. He also serves as the director for the Parkland Institute, a research consortium of academics and advocates for a stronger public sector run out of the University of Alberta. Jason worked in the non-profit sector for years, as well as with the labour movement as the director of policy analysis at the Alberta Federation of Labour. With a wide public profile, Jason is actively engaged in the discourse around the state of work and welfare in Canada. He also serves as the president of the Canadian Industrial Relations Association. He works and lives in Edmonton, Alberta.





9781459417168

- English
- 140 x 216 x 13 mm
- 280 pages
- Lorimer

**Subject**YOUNG ADULT FICTION /  
LGBTQ+**Audience range**

Age (years) from 13 - 18

**Other formats**

9781459417434

9781459417236 Hardback, Paper  
over boards, \$27.99**Distributor**Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Apr 04, 2023

**One Summer in Vancouver**

By (author) Tony Correia 🍁

Apr 04, 2023 | Paperback , Trade | \$22.95 |

The 1990 Gay Games in Vancouver were an inspiring and culture-shifting event in the history of LGBTQ2S+ culture and visibility. *One Summer In Vancouver* is a fiction which takes place in the midst of an event which is reconstructed with careful detail by an author who was there.

This is a story of self-discovery and romance for young adult readers today -- but it will also engage adult readers of historical fiction, sports fiction, LGBTQ2S+ fiction, and romance.

Tom, a teen struggling to understand his sexual identity, flees Toronto for a summer of freedom in Vancouver, where something exciting is about to happen: the Gay Games.

Living with his "out" Uncle Fred, Tom experiences a new world where being your true self is freeing and fun. He falls in with teen Dwayne, who falls for him, and Gina, a lesbian getting over a relationship with a popular singer. As the Games wrap, Tom has to decide whether to return home back to a closeted life and a father who doesn't understand, or to make a new life in Vancouver.

The story plays out against the backdrop of the Games, populated with the important organizers and cultural figures who were prominent in this landmark event. This novel is a tribute to the spirit of courage and unity that the Games represented at a time when being openly gay and proud was a radical stance.

**Contributor Bio**

Long-time Vancouverite TONY CORREIA is the author of teen fiction as well as adult nonfiction. He has worked as a waiter, bartender, bouncer, barista, receptionist, and recently a technical writer for a software company. His newspaper column, "Queen's Logic," ran in *Xtra! West* for five years. He is also the author of the Lorimer Real Love novels *Same Love* and *True to You*. He is the author of a memoir, *Foodsluts at Doll & Penny's Café*. He continues to live in Vancouver, British Columbia, the city whose recent history he celebrates in his latest novel.







9781459417199

- English
- 140 x 216 x 13 mm
- 144 pages
- Lorimer

**Subject**

YOUNG ADULT FICTION / General

**Audience range**

Age (years) from 13 - 18

**Other formats**

9781459417397

9781459417267 Hardback, Paper over boards, \$27.99

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: Apr 04, 2023

**Shades of Black**

By (author) Carlos Anthony 🇨🇦

Apr 04, 2023 | Paperback , Trade | \$16.95 |

Shades of Black is an honest and authentic portrayal of life as a young Black male teen in today's culture and environment at an urban school in Toronto's Etobicoke neighbourhood.

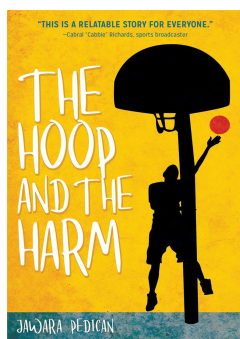
Romero, a Guyanese Canadian, is a sensitive kid who is just starting to attend an inner-city-style school with a large racialized population. Romero falls in with a friendly crew but finds himself in trouble when a shot is fired in the school cafeteria — and he gets stuck with the gun. Meanwhile, the police, often using brutal tactics and targeting young Black males, try to find out who the shooter was.

To humanize and critique the Black male experience and dispel the myth that vulnerability and empathy equal weakness, Carlos Anthony draws on his own recent experiences as a teen in school in Etobicoke. His novel is an authentic — and rare — representation of Black youth culture and the experiences of Black teens in Canada's public schools.

**Contributor Bio**

CARLOS ANTHONY is a filmmaker and author who writes about the experiences that Black men have historically avoided talking about. He has been recognized for his video web series, short story series, published essays, and short films that explore the themes of Black adolescence, fatherhood, fidelity, provision and work ethic, healthy relationships, sex and intimacy, overcoming addiction, and abuse. This is his first novel. With his wife and children, Carlos lives in Windsor, Ontario.





9781459417151

- English
- 140 x 216 x 13 mm
- 272 pages
- Lorimer

**Subject**

YOUNG ADULT FICTION / Social Themes / Prejudice &amp; Racism

**Audience range**

Age (years) from 13 - 18

**Other formats**

9781459417472

9781459417229 Hardback, Paper over boards, \$27.99

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: Apr 04, 2023

**The Hoop and the Harm**

By (author) Jawara Pedican 🇨🇦

Apr 04, 2023 | Paperback , Trade | \$16.95 |

Udoka Clendon is a first-year university student and a product of basketball systems that have produced professional players.

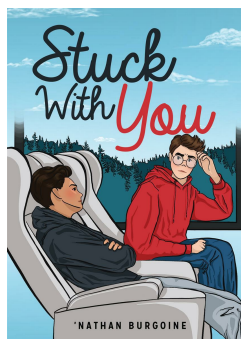
From very young, he's been pushed relentlessly by his family on a troubling pursuit for an athletic scholarship. He is burdened by expectations and self-doubt. Udoka tries to reignite his passion for the game. Now, he's been given a final opportunity at the city-wide tournament to rediscover his confidence and his sense of purpose—all of which he fears he has lost forever.

With the clarity and poetic style of a seasoned writer, and drawing on his own time as an elite sports prospect, Jawara Pedican shows the trials and traumas of becoming fixated on a dream of sports stardom.

**Contributor Bio**

JAWARA PEDICAN is a former member of both the McGill University and University of Toronto men's varsity basketball teams. With a wealth of memories from his playing days, he decided to offer young readers a semi-autobiographical account of his experiences and trials and tribulations as a collegiate athlete. He is a kinesiologist and more recently a medical editor for a life sciences marketing agency headquartered in Toronto. He lives in Alliston, Ontario.





9781459417205

- English
- 134 x 191 x 13 mm
- 176 pages
- Lorimer

**Subject**YOUNG ADULT FICTION /  
LGBTQ+**Audience range**

Age (years) from 13 - 18

**Other formats**

9781459417427

9781459417274 Hardback, Paper  
over boards, \$27.99**Distributor**Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Apr 04, 2023

Lorimer Real Love

**Stuck with You**

By (author) Nathan Burgoine 🍁

Apr 04, 2023 | Paperback , Trade | \$14.95 |

*Stuck With You* is a story of Queer joy and a playful teen romance, following two frenemies as they fall for each other while stuck in adjacent seats on a day-long train trip.

Ben is on a train back to Ottawa after a visit with his dad in Toronto when he runs into the last person he wanted to see: Caleb, the handsome, confident boy who recently and accidentally broke Ben's phone. Preoccupied by worrying about whether he should take a gap year, Ben has little time for Caleb's jibes.

But when the two start talking, not only does Ben find himself won over by Caleb's roguish charm, but he also learns his seatmate is also bisexual..

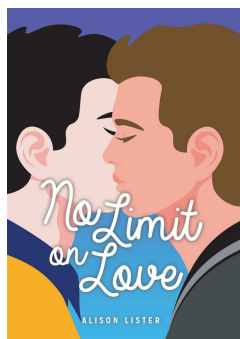
*Stuck With You* discusses important issues facing teens as they contemplate their futures within the context of a light-hearted romance plot with witty dialogue and charming interplay, almost all taking place within the space of a single long train trip.

**Contributor Bio**

'NATHAN BURGOINE is the author of the queer young adult novel *Exit Plans for Teenage Freaks* (finalist for the Prix Aurora Award for YA Novel) and queer young adult novella *Hope Echoes*, included in the collection *Three Left Turns to Nowhere*. Beyond writing, 'Nathan has worked in a sheet metal factory, on queer outreach, and as a bookstore manager. 'Nathan Burgoine, his husband, and their rescued husky live in Ottawa, Ontario.



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9781459417175

- English
- 134 x 191 x 13 mm
- 184 pages
- Lorimer

**Subject**YOUNG ADULT FICTION /  
Romance / LGBTQ+**Audience range**

Age (years) from 13 - 18

**Other formats**

9781459417403

9781459417243 Hardback, Paper  
over boards, \$27.99**Distributor**Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Apr 04, 2023

Lorimer Real Love

**No Limit on Love**By (author) Alison Lister 

Apr 04, 2023 | Paperback , Trade | \$14.95 |

This novel tells a contemporary and timely story of love outside the binary, as experienced by today's teens. In this novel a teen realizing their nonbinary identity and a gender-fluid boy discover together that there's no longer any need for labels.

Dan has an increasingly common problem: climate anxiety. After a storm devastated parts of Ottawa, it's hard to get climate change out of mind. Dan goes to help clean up at the school, but only one other person turns up: Levi, who is handsome, progressive— and shows a strong interest in Dan.

And what's more, Levi is also pondering gender fluidity and the necessity of applying any labels at all.

Dan falls just as hard, and it's clear they're going to learn and grow together on this journey as Dan embraces their nonbinary true self.

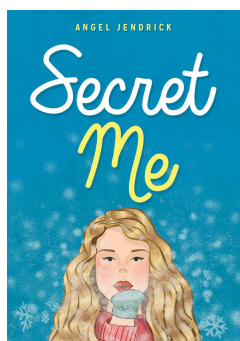
With unerring accuracy and authenticity, nonbinary romance author Alison Lister's debut young adult romance is a heart-warming story for this exact moment in history.

**Contributor Bio**

ALISON LISTER is an enby (non-binary) author who has been writing realistic and romantic adult LGBTQ+ fiction as Elizabeth Lister, and currently as AE Lister, for over ten years. They are a partner, parent, and sibling, with lots of life experience to draw upon. They live in Ottawa, Ontario with their partner and two children.







9781459417182

- English
- 134 x 191 x 13 mm
- 176 pages
- Lorimer

**Subject**YOUNG ADULT FICTION /  
Romance / LGBTQ+**Audience range**

Age (years) from 13, Reading age to 18

**Other formats**

9781459417410

9781459417250 Hardback, Paper  
over boards, \$27.99**Distributor**Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Apr 04, 2023

Lorimer Real Love

**Secret Me**

By (author) Angel Jendrick 🍁

Apr 04, 2023 | Paperback , Trade | \$14.95 |

Charlottetown teen Tage seems to have it all: she hangs out with the school's most popular clique and has a handsome boyfriend. She's also living a lie about her sexuality.

Wren, a nonbinary schoolmate, has been the victim of bullying by Tage's clique, which leaves Tage racked by guilt because she's always been drawn to Wren. When Tage picks up Wren during a snowstorm and they are forced to spend a night together, their true feelings emerge.

With Wren's support, Tage had to decide whether to come out to celebrate herself and her new relationship.

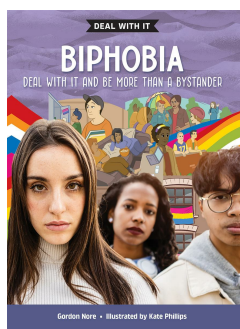
This novel deals with the place of sexual and gender identify in a contemporary high school setting. The role of bullying in female peer groups is explored, and so is how bullying can become a dysfunctional habit to repress a person's true feelings.

**Contributor Bio**

ANGEL JENDRICK is the author of gritty contemporary romances. She also dabbles in poetry, from time to time. When not writing or editing (or thinking about writing or editing), she watches movies, jams to her favourite tunes, runs after her kids, or works on her latest home reno or DIY project.

With her wife, their three children, Ellie their energetic Lab, and a blind cat named Taz, Angel lives on Prince Edward Island.





9781459417212

- English
- 216 x 280 x 13 mm
- 32 pages
- Lorimer

**Subject**

YOUNG ADULT NONFICTION /  
Comics & Graphic Novels / Social  
Topics

**Audience range**

Age (years) from 9 - 14

**Distributor**

Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Apr 04, 2023

Lorimer Deal With It

## Biphobia: Deal With It

*and be more than a bystander*

By (author) Gordon Nore 🇨🇦, Illustrated by Kate Phillips 🇨🇦

Apr 04, 2023 | Hardcover, Paper over boards | \$24.95 |

A reader-directed exploration of biphobia/biasure and how it can be aimed at people who are attracted to more than one gender.

Prejudice and discrimination affects people with different sexual identities than the standard poles of "gay" and "straight." This book helps readers identify biphobia and start a conversation about how to deal with it.

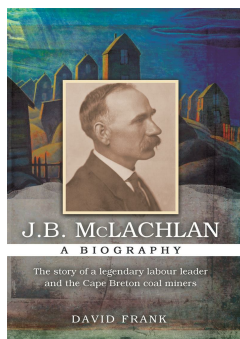
- Biphobia 101 defines the issue and provides examples on how to identify it
- The roles of the Bi+ Ally, the By+ Stander, and the Bi+ Eraser approach the issue from three different points of view
- Quizzes and Q&As provide real-life scenarios and responses to biphobia.

**Contributor Bio**

KATE PHILLIPS is an illustrator and comic artist with a Bachelor of Fine Arts from Mount Allison. Her art career explores the intersection of traditional print media and digital design. Her work includes children's books and comics that focus on inclusivity and queer voices. She lives in Kijipuktuk (Halifax), Nova Scotia.

GORDON NORE is an elementary teacher librarian who has advised queer straight alliances in schools for ten years. His writing has appeared in *Xtra*, *Today's Parent*, and *ETFO Voice* magazines, as well as the *Toronto Star* and *Ottawa Citizen* newspapers. He lives in Tkaronto, unceded territory.





9781459417342

- English
- 153 x 229 x 64 mm
- 592 pages
- Lorimer

**Subject**BIOGRAPHY & AUTOBIOGRAPHY /  
Business**Distributor**Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Jun 06, 2023

**J.B. McLachlan: A Biography, New Edition***The Story of a Legendary Labour Leader and the Cape Breton Coal Miners*  
2nd edition

By (author) David Frank 🇨🇦

Jun 06, 2023 | Paperback , Trade | \$39.95 |



- John W. Dafoe Book Prize 1999, Winner
- Drainie-Taylor Biography Prize 2000, Short-listed
- Dartmouth Book Award (Non-Fiction), Winner
- Robert S. Kenny Prize for Labour/Left Studies 2000, Winner
- Clio Award, Canadian Historical Association 2000, Winner

Agitator, educator, organizer. J.B. McLachlan is legendary in Cape Breton as the pre-eminent labour leader of the early twentieth century. Long considered a classic in the field of Canadian social history, this authoritative biography by award-winning scholar David Frank tells the story of McLachlan, champion of Cape Breton's coal miners and political rabble-rouser who fought tooth-and-nail for social justice across the country.

He led the coal miners of Nova Scotia in their struggles for union recognition, defending their cause in the labour wars of the 1920s and uniting them around ideas of industrial democracy and social reconstruction. The battles between mine owners and the miners were epic. Mine owners and their friends in government used violence and intimidation in their efforts to defeat workers. McLachlan was charged with sedition in 1923, and his political trial in Nova Scotia stands as a notorious use of the courts to punish and silence the labour movement and its leaders.

By the 1920s and 30s, he was recognized across Canada as a leading spokesman for the radical Left. McLachlan helped change the balance of power in industrial society, advancing the struggle for social and economic justice. Readers today, fighting for better wages, better benefits, better lives, can learn much from McLachlan's exploits.

J.B. McLachlan: A Biography is a rich portrait of a brilliant early twentieth-century Canadian rebel. It has been widely recognized as an outstanding work of biography and a compelling account of a Canadian labour hero. This monumental text offers an unparalleled history of Canadian labour history in the twentieth century, rousing the legacy of one of Canada's most important radicals for all readers who yearn for social and economic justice today.

**Contributor Bio**

DAVID FRANK is a leading figure in Canadian history. He taught for over 30 years at the University of New Brunswick, and he has written six books on Atlantic Canadian labour history. His articles on labour and social history have appeared in numerous books and journals.

Frank also edited *Acadiensis*, a leading journal in the study of the Atlantic region, for 12 years, where he also edited many books on the subject at Acadiensis Press. Previous teaching stints saw Frank take posts at the University College of Cape Breton and Atlantic Region Labour Education Centre. He has also contributed journalistic work to Canadian outlets in radio, television, magazines, and newspapers.

Fascinated with J. B. McLachlan from his undergraduate days at Dalhousie University, Frank researched J.B.'s story through the coal towns of Cape Breton through to libraries and archives across Britain, Canada, and the United States. The first edition of this biography is considered a classic in the field of Canadian

**Previous ISBN**

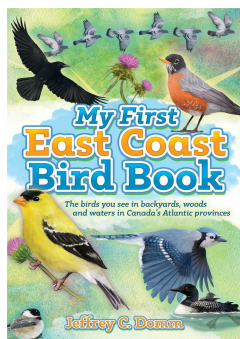
9781550286762 J.B. McLachlan: A Biography by David Frank 🇨🇦, Paperback / softback, Jan 01, 1999, \$27.95

**Reviews**

"an outstanding biography... the story of Jim McLachlan is the fact behind much of the fiction being produced about Cape Breton..."

- Alistair MacLeod, author of *No Great Mischief*

"The appearance of this biography of one of Canada's most distinguished labour leaders is a timely event indeed. The product of the sustained scholarly efforts of University of New Brunswick historian David Frank, this is a powerfully moving story of an individual who devoted his life to the struggle for social and economic justice. This is a social rather than a personal biography, and the reader must be satisfied with limited and occasional glimpses of what McLachlan was like as a person. This emphasis should be seen as a strength rather than a weakness, if we value biography as a way to understand the social, political and economic forces that have shaped our history."



9781459507128

- English
- 140 x 204 x 13 mm
- 96 pages
- Formac

**Subject**

JUVENILE NONFICTION / Animals / Birds

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: Jun 13, 2023

**My First East Coast Bird Book**By (author) Jeffrey C. Domm 

Jun 13, 2023 | Paperback , Trade | \$19.95 |

An all-new, richly illustrated easy-to-use guide that with the six identifying features of each of the most common birds on the east coast.

This book makes identifying the most common birds found on the east coast of Canada easy. It includes detailed illustrations of every bird, showcasing their size and colour, flight patterns, dietary habits and other useful facts.

Using this book, kids and novice bird watchers will be able to identify birds you may see in your back yard, on the trails or at the beach, helping them to reconnect with nature and wildlife.

Author and illustrator Jeffrey C. Domm is an expert with over 20 nature guides published. His illustrations go far beyond anything seen in common bird guides with detail and clarity.

More than forty birds are included, from those you will see in your backyard – like the American crow and the Blue Jay – to those you will see while at the beach or walking along a trail, like the Great Blue Heron and the Bald Eagle. Each bird has over ten illustrations for easy and clear identification.

**Contributor Bio**

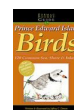
Artist JEFFERY C. DOMM has had a lifelong fascination with nature and wildlife. He is a distinguished illustrator of wildlife and nature. He teaches illustration at Halifax's renowned NSCAD University. He has illustrated more than twenty wildlife books, including the best-selling *Lorimer Field Guide to Ontario Birds*. He lives in Cow Bay, Nova Scotia.

**Also Available**

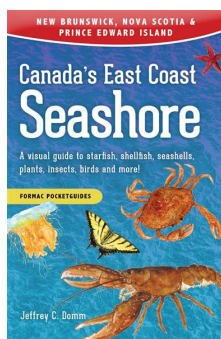
*Formac Field Guide to Nova Scotia Birds (Paperback)*  
 Jeffrey C. Domm  
 9781459500495  
 \$24.95  
 Apr 16, 2012



*Formac Pocketguide to New Brunswick Birds (Paperback)*  
 Jeffrey C. Domm  
 9780887806742  
 \$24.95  
 Oct 19, 2005



*Formac Pocketguide to Prince Edward Island Birds (Paperback)*  
 Jeffrey C. Domm  
 9780887805585  
 \$19.95  
 May 15, 2002



9781459507135

- English
- 140 x 216 x 13 mm
- 96 pages
- Formac

**Subject**

NATURE / Animals / Marine Life

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: Jun 13, 2023

**Canada's East Coast Seashore***A visual guide to starfish, shellfish, seashells, plants, insects, birds and more!*By (author) Jeffrey C. Domm 

Jun 13, 2023 | Paperback , Trade | \$24.95 |

This full-colour book is the perfect companion for anyone who enjoys the Atlantic seashore. From seashells and bugs to birds, plants and seaweed it provides key information on a wide variety of animals, plants and insects.

This new edition has been redesigned in handy field guide format.

Author and artist Jeff Domm's full-colour illustrations are accompanied by concise information about size, colour, feeding habits and other significant features that help readers to quickly identify a species. In addition to birds, insects, shells and seaweed, the list of species includes crabs, jellyfish, turtles, sponges and many more. The book covers a variety of seashore habitats, including rocky shores, marshes and sandy beaches.

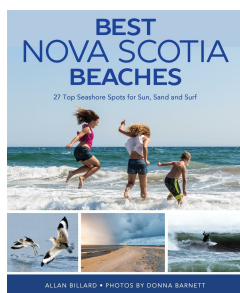
This book will appeal to nature lovers of all ages who enjoy exploring the coastline in Canada's eastern provinces.

**Contributor Bio**

Artist Jeffrey C. Domm has had a lifelong fascination with nature and wildlife. He is a distinguished illustrator of wildlife and nature. He teaches illustration at Halifax's renowned NSCAD University. He has illustrated more than twenty wildlife books, including the best-selling *Lorimer Field Guide to Ontario Birds*. He lives in Cow Bay, Nova Scotia.







9781459507111

- English
- 172 x 210 x 13 mm
- 160 pages
- Formac

**Subject**TRAVEL / Canada / Atlantic  
Provinces**Distributor**Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Jun 13, 2023

**Best Nova Scotia Beaches, Updated and revised***27 Top Seashore Spots for Sun, Sand and Surf*

By (author) Allan Billard 🇨🇦, By (author) Donna Barnett 🇨🇦

Jun 13, 2023 | Paperback , Trade | \$24.95 |

Some of the finest beaches in the world can be found in Nova Scotia — if you know where to go. In this updated edition of his book *Best Nova Scotia Beaches: 27 Top Seashore Spots for Sun, Sand and Surf*, Allan Billard selects 27, from one end of the province to the other. Some of these are widely known, while others are local, out-of-the-way gems. For anyone looking to bask in the sun, head out on a surfboard, or hike alongside crashing waves, this book identifies the top options from around the province. There are key details on each beach, including information on lifeguards, terrain and seasonal availability, and cell phone reception. Allan Billard's illuminating text also explores the unique natural history of each of these beaches, offering insight into why each one is special

**Contributor Bio**

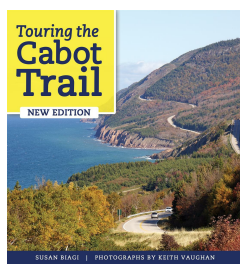
ALLAN BILLARD is a naturalist and biologist who has been involved in Nova Scotias outdoor recreation and tourism industries since 1988. He is the author of *Waterfalls*, *Beaches of Nova Scotia*, and *Lighthouses of Nova Scotia*. He lives in Halifax.

DONNA BARNETT has been photographing landscape, wildlife, historical, and adventure travel themes since the 1980s. She is particularly drawn to subjects relating to water and locations that are generally tucked far away from the well-trodden path. Her work has appeared in many books and magazines in Canada and the United States and she is the author of three books. She lives in Ottawa.

**Previous ISBN**

9781459504714 Best Nova Scotia Beaches by Allan Billard 🇨🇦, Paperback / softback, Apr 20, 2017, \$19.95





9781459507142

- English
- 210 x 229 x 6 mm
- 72 pages
- Formac

**Subject**TRAVEL / Canada / Atlantic  
Provinces**Distributor**Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Jun 13, 2023

**Touring the Cabot Trail and Beyond***Fourth Edition*

Photographs by Keith Vaughan 🇨🇦, By (author) Susan Biagi 🇨🇦

Jun 13, 2023 | Paperback, Trade | \$24.95 |

The Cabot Trail is famed for spectacular views of mountains, ocean and forest. Then there are its hidden treasures, its sandy beaches and peaceful woodland trails, the habitat of wild birds and animals, as well as many species of wildflowers and trees.

This book offers the visitor a guide to the Cabot Trail itself, and to many of the other fine attractions of Cape Breton Island. More than a hundred images by photographer Keith Vaughan capture the area at its best. Author Susan Biagi shares her knowledge of Cape Breton's heritage and culture, with information and suggestions about the best attractions to visit.

Whether it's whale watching, birding, hiking, swimming, golfing or simply sightseeing you enjoy, this book will help visitors make the most of their tour of the Cabot Trail and Cape Breton Island. It also makes a wonderful souvenir of one of Canada's most beautiful and unforgettable areas.

**Contributor Bio**

SUSAN BIAGI is a native Cape Bretoner who has made the history and culture of the Island her specialty. A historian by training, she is also the author of a companion volume, *Louisbourg*.

KEITH VAUGHAN is an award-winning photographer who combines his passion for photography with a career as a chemistry professor at St. Mary's University, Halifax.

**Previous ISBN**

9781459504660 Touring the Cabot Trail and Beyond by Susan Biagi 🇨🇦,  
Paperback / softback, May 01, 2017, \$19.95

