



# Spring and Summer 2024

NEW TITLES

**LORIMER**

JAMES LORIMER & COMPANY LTD.

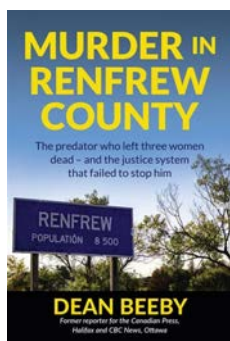
**FORMAC**

PUBLISHING COMPANY LIMITED

FORMAC LORIMER BOOKS

## Table of Contents

- 2 **Murder in Renfrew County:** The predator who left three women dead — and the justice system that failed to stop him by Dean Beeby
- 3 **Canada's State Police:** 150 years of the RCMP by Greg Marquis
- 4 **Canada vs California:** How Ottawa took on the streaming and digital giants over streaming, podcasting and broadcasting by Howard Law
- 5 **Condo Questions and Answers: Ontario Edition:** What you can do about the 30 most common — and unexpected — condo problems by Sally Thompson
- 6 **Ending Homelessness in Canada:** The Case for Homelessness Prevention by James Hughes
- 7 **Birds of Quebec** by Jeffrey C. Domm
- 8 **My First Ontario Bird Book** by Jeffrey C. Domm
- 9 **Righting Canada's Wrongs: The Sixties Scoop and the Stolen Lives of Indigenous Children** by Andrew Bomberly, Teresa Edwards
- 10 **Righting Canada's Wrongs: Resource Guide** by Lindsay Gibson, Ilan Danjoux, Roland Case
- 11 **Ace and the Misfits** by Eddie Kawooya
- 12 **Dancehall Rebel** by Stacey Robinson
- 13 **Luscious Love** by Katerina Bakolias
- 14 **Losing Hit Points** by Kristopher Mielke
- 15 **Health Hacks:** How You Can Get Good Health Care in Nova Scotia by Mary Jane Hampton
- 16 **Edible East Coast Mushrooms:** A Guide to Atlantic Canada's Common Edible Mushrooms by Jeffrey C. Domm, Bengi Kendrick
- 17 **The Nova Scotia Bucket List (Updated):** 25+ unforgettable experiences, adventures and destinations selected by Nova Scotia's best travel writers by Dale Dunlop, Alison Scott



9781459418219

- English
- 153 x 229 x 26 mm | 1 gr
- 224 pages
- Lorimer

#### Subject

TRUE CRIME / Murder / General

#### Other formats

9781459418226 Reflowable, EPUB, \$16.99

#### Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: May 01, 2024

## Murder in Renfrew County

*The predator who left three women dead – and the justice system that failed to stop him*

1st edition

By (author) Dean Beeby 🇨🇦

Apr 02, 2024 | Paperback, Trade | \$27.95 |



**The true story of three women betrayed by the system they believed would save them from intimate partner violence.**

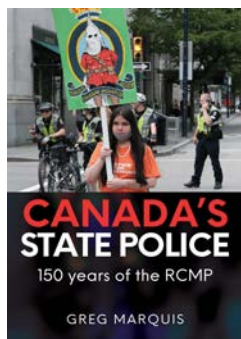
The story of the murder of three women in Ontario's Renfrew county by their ex-partner and the full-scale investigation that followed.

Dean Beeby, a skilled reporter and author, chronicles the day of violence, exploring the circumstances that led up to three tragic confrontations. Their deaths triggered an inquiry that addressed the larger issues of femicide and the systems that fail victims of intimate partner violence.

Describing the months-long inquest that followed and its findings, Dean Beeby explores how the justice system does not adequately address the needs of victims and how perpetrators of intimate partner violence are given ample opportunity to re-offend and escalate their actions.

#### Contributor Bio

**DEAN BEEBY** is an investigative journalist and author. Born in Halifax, he was Atlantic bureau chief for The Canadian Press news agency before his transfer to Ottawa, where he later worked in the parliamentary bureau of the CBC. An expert in the use of freedom of information laws, he is the author of several books, including *Mass Murder*, *Police Mayhem* reporting on Nova Scotia's Portapique massacre. He lives and writes in Ottawa, Ontario.



9781459418172

- English
- 153 x 229 x 26 mm | 1 gr
- 192 pages
- Lorimer

**Subject**

HISTORY / Canada / General

**Other formats**

9781459418189 Reflowable, EPUB, \$16.99

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: May 01, 2024

**Canada's State Police***150 years of the RCMP*

1st edition

By (author) Greg Marquis 🇨🇦

May 01, 2024 | Paperback, Trade | \$27.95 |

**A critical history of the RCMP.**

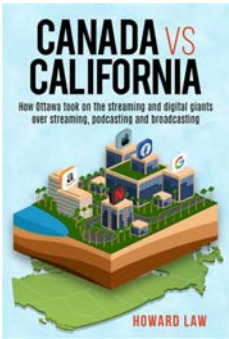
Stripping away the myth of the RCMP, historian Greg Marquis offers an account of 150 years of a state police force acting on behalf of the wealthy and powerful.

From its start policing Indigenous people in western Canada, the RCMP has gone on to surveil, harass and seek to jail labour organizers, leftist idealists, Quebec sovereigntists and now environmental activists. The RCMP has often made itself judge, jury, and executioner of who can live unmolested in Canada.

Drawing upon all the available literature on the origination's history, historian Greg Marquis lays bare 150 years of state police action. He highlights the force's racism, sexism, misogyny, and internal dysfunctions. An invaluable resource, this book challenges the carefully constructed myths about the RCMP's role in Canadian life.

**Contributor Bio**

GREG MARQUIS is a historian at the University of New Brunswick. He specializes in Canadian history and criminal justice theory. He maintains the website Crime and Punishment in New Brunswick through UNB. He is the author of multiple books including, *The Vigilant Eye: Policing Canada from 1867-9/11*, *Truth & Honour: The Death of Richard Oland and the Trial of Dennis Oland*, and *John Lennon, Yoko Ono and the Year That Canada Was Cool*. Greg Marquis lives in Quispamsis, New Brunswick.



9781459418196

- English
- 153 x 229 x 26 mm | 1 gr
- 160 pages
- Lorimer

Subject

BUSINESS & ECONOMICS / Industries / Media & Communications

Other formats

9781459418202 Reflowable, EPUB, \$16.99

Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: May 01, 2024

Canada vs California

*How Ottawa took on the streaming and digital giants over streaming, podcasting and broadcasting*  
1st edition

By (author) Howard Law 

May 01, 2024 | Paperback, Trade | \$27.95 |



**Why Canadian, movies, television, news, and books disappearing and what it will take to save them.**

Howard Law's *Canada vs. California* maps the ongoing battle to create and promote Canadian content in the media and the digital revolution that has made it increasingly less visible.

An avid advocate for Canadian content, Howard Law has spent years reporting on, and fighting for Canadian media and the journalists who create it. As a former senior official for Unifor, and with his website [MediaPolicy.ca](http://mediapolicy.ca), Howard Law offers expert guidance on the constantly shifting battlefield between Canadian content and Meta, Google, Netflix, Amazon and other Silicon Valley giants that threaten to overwhelm us.

*Canada vs. California* explains how creative Canadian content may not survive the dominance of the American cultural juggernaut without new and effective interventions by the Canadian state.

Contributor Bio

**HOWARD LAW** is an advocate working to defend the interests of Canadian journalists. An activist and writer, he is the author of [MediaPolicy.ca](http://MediaPolicy.ca). As an expert on the fight for Canadian content, Howard spent his career in the labour movement. He was the media director for Unifor from 2013 to 2021, representing journalists and media workers before the CRTC and Parliamentary committees. He lives and writes in Toronto, Ontario.



9781459418233

- English
- 153 x 229 x 26 mm | 1 gr
- 160 pages
- Lorimer

**Subject**

BUSINESS &amp; ECONOMICS / Real Estate / Buying &amp; Selling Homes

**Other formats**

9781459418240 Reflowable, EPUB, \$16.99

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: May 01, 2024

**Condo Questions and Answers: Ontario Edition***What you can do about the 30 most common — and unexpected — condo problems*

1st edition

By (author) Sally Thompson 🇨🇦

May 01, 2024 | Paperback, Trade | \$27.95 |

**Everything residents should know about condo living in Ontario from an independent expert.**

Living in a condo is a new experience for most Canadians and raises a lot of unfamiliar questions.

Most people living in condos want answers to their questions from someone they can trust. Sally Thompson is the perfect person for condo residents to rely on.

What do we do when the neighbour's dog pees in the elevator every morning? Why are we being charged for a new parking garage? Why did our maintenance fees double? Sally Thompson has answers to these and 50 more questions she's heard from Ontario condo residents.

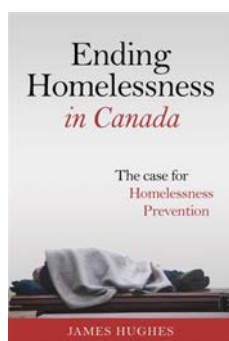
Consulting for condo boards, advising condo owners, serving as president of the Toronto chapter of the Canadian Condominium Institute, and advising the government on the Ontario Condo Act have made Sally Thompson an expert on Ontario condos and the issues their residents face.

Distilling her long career into an easy-to-read reference book, Sally Thompson's Condo Questions and Answers puts the power back into the residents' hands.

**Contributor Bio**

**SALLY THOMPSON** is a condo expert, with a long history of advising condo owners, property managers boards and most recently the government. Sally has sat on multiple condo boards and served as president for the Toronto Chapter of the Canadian Condominium Institute. She works for a consulting company focused on building engineering and capital planning. During the last ten years, Sally has worked extensively as a consultant for the public consultations of the Condominium act. She lives and works in Toronto, Ontario.





9781459417656

- English
- 153 x 229 x 26 mm | 1 gr
- 184 pages
- Lorimer

#### Subject

SOCIAL SCIENCE / Poverty & Homelessness

#### Other formats

9781459418325 Reflowable, EPUB, \$16.99

#### Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: May 01, 2024

## Ending Homelessness in Canada

*The Case for Homelessness Prevention*

1st edition

Edited by James Hughes 

Apr 02, 2024 | Paperback, Trade | \$27.95 |



**A call to action offering solutions to the homelessness epidemic in Canada, with contributions from industry experts.**

More Canadians than ever lack a home. Almost every town and city now has homeless residents. Municipalities scramble to provide shelters, and local politicians debate whether to take action to end sleeping on vacant land and in parks.

*Ending Homelessness in Canada* gets at the root causes of homelessness and the solutions and practices that can be employed to end it. Contributors involved in working to end homelessness address the key factors producing homelessness and describe a wide range of innovative measures to halt the flow.

#### The contributors:

**Cecile Arbaud** is the executive director of Dans La Rue an organization dedicated to assisting youth experiencing homelessness. She lives in Montreal, QC.

**Robert Byers** is the president and CEO of Namerind Housing Corporation, a provider of affordable housing to the Indigenous community. He lives in Regina, SK.

**Art Campbell** is the regional director of Reintegration and Social Inclusion for YMCA Quebec. He lives in Montreal, QC.

**Erin Dej** is an associate professor in the Department of Criminology at Wilfrid Laurier University. She lives in Cambridge, Ontario.

**Pearl Elidas** is an associate professor at the university of McGill and an esteemed

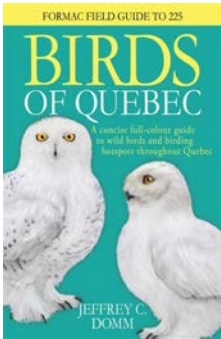
#### Contributor Bio

**JAMES HUGHES** is the CEO of Montreal's Old Brewery Mission, the largest organization serving homeless people in Quebec. His previous roles include serving as an executive with the McConnell Family Foundation, president of the Graham Boeckh Foundation, and deputy minister of the Department of Social Development in New Brunswick. His previous books include *Early Intervention* (Lorimer 2015) and *Beyond Shelters* (Lorimer 2018). He lives in Montreal, Quebec.

**KAITLIN SCHAWN** is the executive director of the Women's National Housing & Homelessness Network. She lives in Toronto, Ontario.

**DR. STEPHEN GAETZ** is the director of the Canadian Observatory on Homelessness and a professor at York University. He lives in Colborne, Ontario.

**ART CAMPBELL** is the regional director of Reintegration and Social Inclusion for YMCA Quebec. He lives in Montreal, Quebec.



9781459507333

- English
- 500+ full-colour illustrations
- 140 x 216 x 26 mm | 1 gr
- 288 pages
- Formac

Subject

NATURE / Birdwatching Guides

Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: Mar 26, 2024

Birds of Quebec

1st edition

By (author) Jeffrey C. Domm 

Mar 26, 2024 | Paperback, Trade | \$27.95 |



The only English-language field guide to 200+ birds of Quebec – and where to see them.

For the first time, an English-language bird book for Quebec. This concise guide will help beginner and experienced birders alike identify 200+ species across the province. The book also points readers to the best birding hot-spots.

Best-selling author Jeffrey C. Domm's *Birds of Quebec* features full-colour portraits of each species, as well as:

- Key identification information
- Male and female plumage
- When each bird can be found
- Flight patterns
- Songs and calls
- Look-alikes

Finally, *Birds of Quebec* gives readers dozens of birding hot-spots across the province, curated by local experts.

Contributor Bio

Artist **Jeffrey C. Domm** has had a lifelong fascination with nature and wildlife. He is a distinguished illustrator of wildlife and nature. He is retired from teaching illustration at Halifax's renowned NSCAD University. He has illustrated more than twenty wildlife books, including the best-selling *Lorimer Field Guide to 225 Ontario Birds*. He lives in Cow Bay, Nova Scotia.





9781459507371

- English
- 250+ colour illustrations
- 140 x 216 x 26 mm | 1 gr
- 104 pages
- Formac

Subject


NATURE / Birdwatching Guides

Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: Mar 05, 2024

My First Ontario Bird Book

1st edition  
By (author) Jeffrey C. Domm   
Mar 05, 2024 | Paperback, Trade | \$24.95 |



A field guide for anyone who has wondered “What bird is that?” but didn’t know where to start.

This is the book for anyone, young or old, who is curious about the birds they see from their windows or **when they’re** out on walks. Best-selling author Jeffrey C. Domm introduces readers to 41 of the most common birds in Ontario.

There are tons of interesting information about each bird in a visual and accessible way. This guide includes:

- Full-colour portraits of each bird
- Details about where and when each bird can be found
- Fun facts about songs, calls, flight patterns and unique behaviours

Contributor Bio

Artist **Jeffrey C. Domm** has had a lifelong fascination with nature and wildlife. Over the past three decades he has illustrated dozens of wildlife books, including the *Lorimer Field Guide to 225 Ontario Birds*, *Ontario Trees*, and *The Southern Ontario Nature Guide*. He lives in Cow Bay, Nova Scotia.



Righting Canada's Wrongs

## Righting Canada's Wrongs: The Sixties Scoop and the Stolen Lives of Indigenous Children

1st edition

By (author) Andrew Bomberry 🇨🇦, By (author) Teresa Edwards 🇨🇦

Apr 10, 2024 | Hardcover, Paper over boards | \$34.95 |



**A breakdown of the Sixties Scoop explored through the systems that created it and the survivors whose stories of resilience led to change.**

9781459416697

- English
- 300+ colour and b&w photographs
- 229 x 280 x 26 mm | 1 gr
- 112 pages
- Lorimer

### Subject

YOUNG ADULT NONFICTION /  
Social Topics / Prejudice & Racism

### Audience range

Age (years) from 12 - 18, Grade (US)  
from 7 - 12, Reading age from 12 - 18

### Distributor

Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Mar 05, 2024

Starting in 1951, Indigenous children in Canada were taken by social welfare agencies from their families and placed in the care of non-Indigenous families. These children grew up without their birth families, cultural roots, and language. Many tried to run away and some died in the attempt. The taking of the children is known as the Sixties Scoop, though the policies and practices started before the 1960s and lasted long after. Today, Indigenous children are shockingly over-represented in the child welfare system across Canada.

Indigenous communities organized and fought back for their children. In 1985, an official government report condemned the practice.

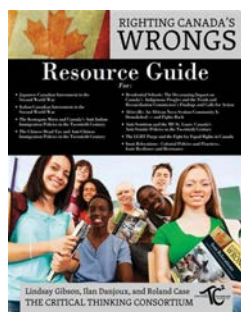
In the 1990s, lawsuits were filed against the governments who had supported taking the children. In 2018 and 2019, Alberta, Saskatchewan and Manitoba apologized for their roles. In 2020, the Canadian government agreed to a settlement for survivors of the Scoop.

Through hundreds of photos and primary documents, readers meet many survivors of the Scoop. They learn how Indigenous communities fought back to save their children and won, and how Indigenous communities across Canada are working towards healing today.

### Contributor Bio

**ANDREW BOMBERRY** works with the Legacy of Hope Foundation to promote greater understanding and awareness of the Residential School system, the Sixties Scoop and their ongoing impacts. His work includes encouraging informed action and following up on the Truth and Reconciliation Commission's Calls to Action. He has over ten years' experience working in public policy and education covering Indigenous histories, cultures and identities. Andrew Bomberry is Haudenosaunee from the Six Nations of the Grand River territory. He lives in Toronto (the Dish with One Spoon territory), Ontario.

**TERESA EDWARDS** is a member of the Listuguj Mi'gmaq First Nation in Quebec. Her ceremonial name is Young Fire Woman, a name that she strives to fulfill through her work as an international human rights lawyer. Since 2017, Teresa has been the executive director and in-house legal counsel for the Legacy of Hope Foundation. The goal of her work is to address racism and injustice, as well as foster equity, education, and Reconciliation. She lives in Ottawa, Ontario.



9781459418295

- English
- 216 x 280 x 26 mm | 1 gr
- 168 pages
- Lorimer

**Subject**

EDUCATION / Teaching / Subjects / Social Science

**Distributor**

Formac Lorimer Book Distributing Ltd.

Expected ship date: Mar 05, 2024

Righting Canada's Wrongs

**Righting Canada's Wrongs: Resource Guide**

4th edition

By (author) Lindsay Gibson 🍁, By (author) Ilan Danjoux 🍁  
By (author) Roland Case 🍁, By (author) Pamela Hickman 🍁

Mar 05, 2024 | Paperback, Trade | \$24.95 |



The Righting Canada's Wrongs series is devoted to the exploration of racist and discriminatory government policies and actions against various groups through our history, the fight for acknowledgement and justice and the eventual apologies and restitution of subsequent governments. The award-winning books in this series make a valuable addition to any classroom or library looking for kid-friendly and appealing resources on social justice and equal rights in Canada. The engaging and curriculum-based lessons in this Resource Guide will help students to further understand some of the important events in Canada's history that helped shape our current multicultural society. Educators will find support for teaching about Canada's past treatment of minorities and how to approach the topic of racism and discrimination. As well, students will learn about the important roles that these groups have played in Canadian society. The 4th edition of the Resource Guide has been updated to include the most recent book in the Righting Canada's Wrongs series: Inuit Relocations- Colonial Policies and Practices, Inuit Resilience and Resistance.

**Contributor Bio**

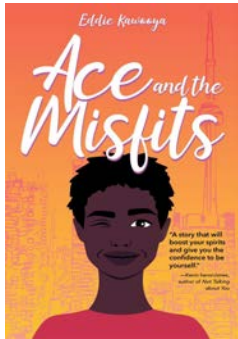
**R. ROLAND CASE** is executive director and co-founder of The Critical Thinking Consortium. Roland has edited or authored over 100 published works. In addition to his teaching career as an elementary school teacher and as a university professor, Roland has worked with 17,000 classroom teachers across Canada and in the United States, England, Israel, Russia, India, Finland and Hong Kong to support the infusion of critical thinking. Roland is the 2006 recipient of CUFA's Distinguished Academics Career Achievement Award.

**ILAN DANJOUX** is a recent PhD graduate who examined the predictive power of Middle East political cartoons. He has fifteen years of teaching experience and curriculum design at every level of education, ranging from preschool to masters programs. Ilan helped develop York University's first online courses, operated an online education website and designed online learning modules for the University of Leicester.

**LINDSAY GIBSON** is involved with the Canada-wide Historical Thinking Project

**Previous ISBN**

9781459416659 Righting Canada's Wrongs Resource Guide by Lindsay Gibson  
🍁, Paperback / softback, Aug 01, 2022, \$24.95



9781459417519

- English
- 140 x 216 x 26 mm | 1 gr
- 112 pages
- Lorimer

#### Subject

YOUNG ADULT FICTION / Social Themes / Prejudice & Racism

#### Audience range

Age (years) from 12 - 18, Grade (US) from 6 - 12, Reading age from 12 - 18

#### Other formats

9781459417526 Hardback, Paper over boards, \$27.99

9781459417533 EPUB, \$12.95

#### Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: Feb 06, 2024

## Ace and the Misfits

1st edition

By (author) Eddie Kawooya 🍁

Feb 13, 2024 | Paperback, Trade | \$19.95 |

**Loosely based on author Eddie Kawooya's own experience, this novel tells the story of a 15-year-old Ugandan refugee who seeks to find the success and friendships in Canada that he enjoyed before he and his mother had to flee their home country.**

In his debut novel, Eddie Kawooya presents a fish-out-of-water story of immigration and the pains and joys of integration into a new and sometimes frightening environment.

Arriving in Canada, Ace finds himself living in a basement apartment, having to integrate into a new community where he is the "African." Struggling with his grades and his self worth, he finds ignorance and bullying at school until he falls in with a crew of international misfits who understand what he's going through.

With their support, Ace starts to regain the confidence he lost in the move and his subsequent troubles. He wants to show himself and his misfit friends that he has the tools to make it in his new life. This book tackles self esteem and how it can be easily lost when one feels alone.

At the core of this story is the isolation a child feels after his world is snatched from him, and the journey of self worth and self confidence he must undertake to rise above it.

#### Contributor Bio

**EDDIE KAWOOYA** was born in Uganda and raised on three different continents before settling in Canada. His love for writing was inspired by his grandmother's oral stories and folklore of Uganda's ancestral past. As an immigrant to Canada, he is passionate about issues related to race, inclusion and diversity. He has spent years honing his craft in the field of public policy, corporate governance, and strategic communications. *Ace and the Misfits* is his first full-length novel. He lives in Toronto.

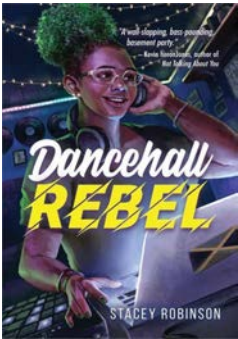


#### Reviews

Eddie Kawooya provides an inspiring look at what it takes to fit in, and all the emotions that swell in our bellies when faced with the challenge of relocating and making new friends. It took me back to my childhood when I had to move to a new city. It was difficult and I wish I had a story such as this to encourage me. To let me know that because I'm a good person, I will meet good people, and those good people will always be in my corner. This is a story that will boost your spirits and give you the confidence to be yourself and welcome the friendship of people that you at one point considered to be scary strangers.

**- Kevin heronJones Author of Not Talking About You**

Eddie Kawooya tells a tale that plagues most children who embark upon a new setting. That they may wind up friendless and alone. His ability to identify the fears that stir in a young person's being is brilliant. It took me



9781459418141

- English
- 140 x 216 x 26 mm | 1 gr
- 152 pages
- Lorimer

Subject

YOUNG ADULT FICTION / Coming of Age

Audience range

Age (years) from 14 - 18, Grade (US) from 9 - 12, Reading age from 12 - 18

Other formats

9781459418165 Reflowable, EPUB, \$9.99

9781459418158 Hardback, Paper over boards, \$27.99


Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: Feb 06, 2024

Dancehall Rebel

1st edition

By (author) Stacey Robinson 

Feb 13, 2024 | Paperback, Trade | \$19.95 |



What do you do when the musical culture you love comes with a legacy of intolerance?

*Dancehall DJ* is a groundbreaking novel portraying a Caribbean Canadian teen challenging the ongoing legacy of homophobia in her musical and cultural community. Dancehall music and culture is undergoing a large shift. This book is a smart and savvy tale of a teen finding the confidence and voice to be an agent of change in her musical culture—and with her family.

Denise is a Toronto teen who was raised on Jamaican dancehall music; her dad is a leading local DJ who has imbued her life with a love of music. Denise has aspirations to follow in her dad's footsteps, but there's a problem: Denise identifies as queer, and the music she loves often reflects homophobia. Her mother and relatives are also not accepting. But when she moves to Ottawa for first year university school, encouraged by a sympathetic cousin, she finds a community of like-minded kids who love and cherish both music and diversity.

This lively true-to-life portrayal of teen lives and relationships puts a very contemporary spin on the cultural conflict often between more traditional families and their young family members.

Contributor Bio

Born in Toronto and guided by her Jamaican heritage, **Stacey Robinson** is a communications specialist, entertainment enthusiast and music lover. Her studies in communications brought her to Windsor, Ontario and Detroit, Michigan, where she trained as a journalist before returning home to Scarborough, where she currently resides. Stacey's creative content highlights contemporary Black Canadian life and Caribbean culture across the Diaspora; she has also produced several literary events and workshops for writers. Stacey enjoys playing the piano and guitar, attending music festivals and concerts, Caribbean carnivals, and supporting independent artists and DJs.



9781459418059

- English
- 134 x 191 mm
- 168 pages
- Lorimer

### Subject

YOUNG ADULT FICTION / LGBTQ+

### Audience range

Age (years) from 13 - 18, Grade (US) exact 5, Reading age from 12 - 18

### Other formats

9781459418066 Hardback, Paper over boards, \$27.99

9781459418073 Reflowable, EPUB, \$9.99

### Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: Sep 03, 2024

Lorimer Real Love

## Luscious Love

1st edition

By (author) Katerina Bakolias

Feb 13, 2024 | Paperback, Trade | \$16.95 |

**Mina's summer is about to get a lot more interesting: she's got her dream job, and with the way her new coworker is flirting, maybe a new girlfriend as well.**

This romance, set amongst Mina's first summer job, explores new love, body image and the frustrations of working in retail.

Centering around first love, cultural expectations, and class, *Luscious Love* is the story of a girl realizing she needs to accept the love she deserves, and take the leap of faith before it's too late.

Committed to amplifying female voices, author Katerina Bakolias highlights the traps we fall into when we have low self-worth. In her debut novel *Luscious Love*, Bakolias crafts a narrative where her main character must allow herself to be loved, learn to love herself and stand up against a boss that's all too willing to take advantage of her low self-esteem.

### Contributor Bio

**Katerina Bakolias** (she/her) is a queer, Greek-Canadian playwright and screenwriter. With a passion for entertaining, she aspires to write stories that resonate with a queer female audience who enjoy comedy and drama. Her debut short film *Roomies* premiered at the 2020 FIN Film Festival and is now featured on CBC Gem. Additionally, her play *Til Death Do Us Part* delighted Nova Scotian audiences at its premiere in May 2022. Katerina received the RBC Chrysalis Emerging Artist Award in 2020. Committed to amplifying female voices, she actively creates new and compelling works across the realms of theatre, film, and now literature. She lives in Nova Scotia.



### Reviews

An inclusive coming-of-age story with a protagonist rarely centred in literature, *Luscious Love* balances first queer love, burgeoning adulthood, and family dynamics in a sensitively drawn and gently funny debut.

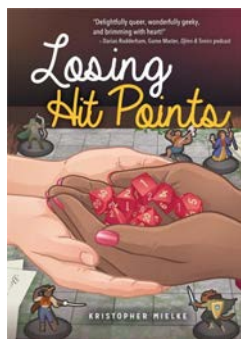
**- Tara Thorne, Author of Low Road Forever**

I would have loved to have read *Luscious Love* as a young adult. Even as an adult - and ironically one who was a young bisexual woman with anxiety who worked at a lingerie store! - I found this book to be so affirming.

**- Rebecca Rose, Author of Before the Parade**

Young women who are examining what society says they SHOULD be, rather than what they feel they are or want to be, are just what we need right now. *Luscious Love* is a beautiful, affirming, and hilarious read.





9781459418080

- English
- 134 x 191 x 26 mm | 1 gr
- 192 pages
- Lorimer

### Subject

YOUNG ADULT FICTION /  
Romance / LGBTQ+

### Audience range

Age (years) from 13 - 18, Grade (US)  
from 8 - 12, Reading age from 12 - 18

### Other formats

9781459418097 Hardback, Paper  
over boards, \$27.99

9781459418103 Reflowable, EPUB,  
\$9.99

### Distributor

Formac Lorimer Book Distributing  
Ltd.

Expected ship date: Feb 06, 2024

Lorimer Real Love

## Losing Hit Points

1st edition

By (author) Kristopher Mielke 🇨🇦

Feb 13, 2024 | Paperback, Trade | \$16.95 |

**They split apart in real life, but at Dungeons & Dragons night, in a fantasy world, they'll find each other again.**

*Losing Hit Points* is a nerdy queer romance book set against the backdrop of a tabletop Dungeons & Dragons game. A romantic story filled with goblins, adventure, and the healing power of admitting our mistakes. Equal parts touching and laugh-out-loud funny, trans teen Journey has the chance to play an epic game of Dungeons & Dragons. Surprise encounters are common in D&D but what they don't expect is to reconnect with an ex-friend who they still love and have wronged in the past.

**Kristopher Mielke's** newest novel melds the fun of the popular fantasy role-playing game with a touching plot about admitting one's mistakes and making up for the past, while looking ahead towards a brighter future — together.

### Contributor Bio

**Kristopher Mielke** (he/they) is the co-author of *Victory Lap* with Riley Alexis Wood. They love drinking too much coffee, watching long video essays about philosophy and cartoons, and writing about queer heroes and hungry monsters. They live outside of Erin, Ontario, with entirely too many people and pets to list.



9 781459 418080

### Reviews

How to Lose Hit Points is delightfully queer, wonderfully geeky, and brimming with heart—not to mention a fantastic introduction to Dungeons and Dragons for all ages.

**- Darian Rudderham, Game Master (Djinn & Tonics Podcast)**



9781459507265

- English
- 153 x 229 mm
- 312 pages
- Formac

Subject

HEALTH & FITNESS / Health Care Issues

Other formats

9781459507319 Reflowable, EPUB, \$16.99

Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: Mar 05, 2024

Health Hacks

*How You Can Get Good Health Care in Nova Scotia*  
1st edition

By (author) Mary Jane Hampton 

Mar 05, 2024 | Paperback, Trade | \$27.95 |

**Practical, usable advice for navigating Nova Scotia's healthcare system.**

Nova Scotians need an expert with their best interests in mind to help them navigate the healthcare system. For thousands of Nova Scotians, Mary Jane Hampton has been their go-to resource with her regular columns on CBC's Information Morning.

In this book, Mary Jane Hampton provides concrete and practical advice for dealing with medical institutions. She answers the most-asked questions people have, including:

- How to follow-up on test results
- When to go to the ER
- How to stay healthy while in the hospital
- How to make the most of your medical appointments
- What to ask before getting surgery
- What to do if you don't have a family doctor

Mary Jane Hampton shares the information that every Nova Scotian needs and offers ideas for how the healthcare system could work better for patients.

Contributor Bio

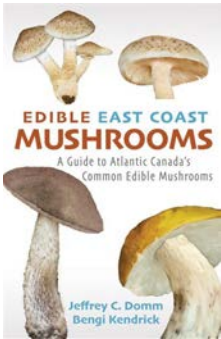
**Mary Jane Hampton's** career as a healthcare planner spans three provinces and more than thirty years. Her passion for a universal, comprehensive and publicly-funded healthcare system led her to pitch "Healthcare Hacks" to CBC's Information Morning—a show with a loyal and engaged listening audience that offers a few tips and insights to help the public understand how the healthcare system works and ways to improve the patient experience. This is her first book.



Reviews

Mary Jane Hampton's Health Hacks always provide important, clear and practical advice for Nova Scotians when they need to use our health care system as well as how to avoid that need. Having this information all together on a single volume is a valuable resource and recommended for every Nova Scotian home.

- Dr. Robert Strang



9781459507326

- English
- 40+ colour illustrations
- 140 x 216 x 26 mm | 1 gr
- 96 pages
- Formac

Subject

NATURE / Plants / Mushrooms

Distributor

Formac Lorimer Book Distributing Ltd.

Expected ship date: Jun 20, 2024

Edible East Coast Mushrooms

A Guide to Atlantic Canada's Common Edible Mushrooms  
1st edition

By (author) Jeffrey C. Domm 🇨🇦 , By (author) Bengi Kendrick 🇨🇦  
Jun 20, 2024 | Paperback, Trade | \$24.95 |



Finally– a guide to 29 common edible mushrooms on Canada’s East Coast!

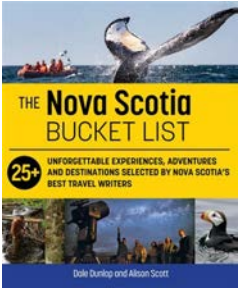
This new guide from best-selling illustrator Jeffrey Domm, in collaboration with expert Bengi Kendrick, will help readers identify 29 edible mushrooms found on Canada’s East Coast. The only book to focus on regional edible mushrooms, this illustrated guide features:

- Foraging 101
- Colour portrait of each species
- Identification checklists
- When each species is in season and where to find them
- Key information to prevent misidentification
- Tips for cooking with wild mushrooms

Contributor Bio

Artist **Jeffrey C. Domm** has had a lifelong fascination with nature and wildlife. Over the past three decades he has illustrated dozens of wildlife books, including the *Formac Field Guide to Nova Scotia Birds*, *My First East Coast Bird Book* and the *East Coast Nature Guide*. He lives in Cow Bay, Nova Scotia.

**Bengi Kendrick** is an amateur mycologist and naturalist and citizen scientist with ambitions of becoming a field biologist. His main wildlife interests are fungi, plants, parasites and pathogens. This is his first book. He lives in Cumberland County, Nova Scotia.



9781459507364

- English
- 172 x 210 x 26 mm | 1 gr
- 176 pages
- Formac

Subject

TRAVEL / Canada / Atlantic Provinces

Distributor

Formac Lorimer Book Distributing Ltd.  
  
Expected ship date: Mar 05, 2024

**The Nova Scotia Bucket List (Updated)**  
*25+ unforgettable experiences, adventures and destinations selected by Nova Scotia's best travel writers*  
2nd edition  
By (author) Dale Dunlop 🇨🇦 , By (author) Alison Scott 🇨🇦  
Mar 05, 2024 | Paperback, Trade | \$24.95 |



**25+ can't-miss experiences from across Nova Scotia.**

For years, Dale Dunlop and Alison Scott's *Nova Scotia Bucket List* has been the authority on the best experiences in the province. This new edition, updated for 2024 travellers, features three new experiences and up-to-date information on every destination.

This book contains the most unique and memorable adventures Nova Scotia has to offer. Dunlop and Scott give readers all the details they need to plan their travels, from a road trip up to Cape Breton for a once-in-a-lifetime round of golf, the best whale-watching excursions off Digby Neck, to the perfect day at Peggy's Cove.

Dale Dunlop and Alison Scott's stunning photographs of each site will have readers ticking off as many places as they can.

Contributor Bio

**DALE DUNLOP** and **ALISON SCOTT**, a husband-and-wife team, are the authors of bestseller *Exploring Nova Scotia*. Dale is the co-author of *Outdoor Adventures in Halifax*. They live in St. Margaret's Bay, Nova Scotia.

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## ACKNOWLEDGEMENTS

Formac Publishing Company Limited recognizes the support of the Province of Nova Scotia through the Department of Communities, Culture and Heritage – Creative Industries Fund. We are pleased to work in partnership with the Province of Nova Scotia to develop and promote our cultural resources for all Nova Scotians.

James Lorimer & Company Ltd., Publishers acknowledges funding support from the Ontario Arts Council (OAC), an agency of the Government of Ontario. We acknowledge the support of the Canada Council for the Arts, which last year invested \$153 million to bring the arts to Canadians throughout the country. This project has been made possible in part by the Government of Canada and with the support of Ontario Creates.

We acknowledge the financial support of the Government of Canada through the National Translation Program for Book Publishing, for our translation activities.