# **50 THINGS TO SEE WITH A TELESCOPE**

### A YOUNG STARGAZER'S GUIDE

### John A. Read

### **A BEGINNER'S GUIDE TO THE NIGHT SKY**

This book explains everything you need to jumpstart your journey in astronomy. You will learn how to identify constellations, planets, stars, galaxies, nebulae and more. Inquisitive stargazers will find star hopping easy with clearly plotted routes. And images of the sky both as seen by the naked eye and detailed views from a telescope will aid in your exploration.

> Many fascinating cosmic objects can be easily spotted with the help of this book including beautiful constellations Cassiopeia and Leo, the plentiful Kemble's Cascade, the explosive Crab Nebula and the rings of Saturn!

> This easy to read, illustrated reference book will enrich every young person's experience of the skies above.

JOHN A. READ volunteered at hundreds of stargazing events as a member of the Mount Diablo Astronomical Society in California, teaching people of all ages how to use a telescope and find objects in the sky. He is now back in Canada studying astrophysics at Saint Mary's University. John is a telescope operator at the Burke-Gaffney Observatory, and a board member at the Halifax Centre of the Royal Astronomical Society of Canada. He lives in Halifax, Nova Scotia.



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Formac Publishing Company Limited Halifax

#### For my boys, Isaac and Oliver.

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Other images used include: images from NASA which follow NASA's photo usage guidelines; image of Comet 67P/ Churyumov Gerasimenko from ESA/Rosetta/NAVCAM, CC BY-SA IGO 3.0; image of Celestron FirstScope Dobsonian compliments of Celestron; image of Explore Scientific FirstLight refractor compliments of Explore Scientific; image of Andromeda on back cover by Adam Evans courtesy of Wikimedia; background images in interior from Shutterstock.

Star maps used in this book were sourced using Stellarium, an open-source stargazing program. These maps were then customized for the purpose of this book. Several of artist Johan Meuris constellation images from Stellarium are included in this book and usage rights can be found here: artlibre.org/licence/lal/en/.

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### **Using This Book**



This book is designed as an introduction to stargazing. Most sections introduce a star pattern (a constellation or asterism) that can be identified without a telescope, with arrows directing you to the telescope targets within that part of the sky.

The little blue circle on the map represents an estimation of how much sky you might see through your telescope.

These round windows on nearly every page show how the object will look through your telescope in perfectly dark skies. Note: galaxies and nebulae (giant clouds of gas and dust) will require extremely dark skies to appear as they do in these images.



If you see this symbol, the object can be viewed with binoculars.



Planets (items 42–49) appear to wander through the ecliptic (the path the Sun travels across the sky) and require software to locate on any given night. The stargazing software "Stellarium" is free and can be downloaded at *www.Stellarium.org* or from the app store.



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Attached to each telescope view window is a measure of how challenging an object is to observe. Level 1 can be found with ease (assuming the object is above the horizon). Level 2 requires some patience, while level 3 requires extremely dark skies or, in the case of Uranus and Neptune, the use of stargazing software.

**USING THIS BOOK** 

### The Sky Above Us

Humans have gazed up at the sky since before the dawn of civilization. The movements of the Sun and planets along with the fixed positions of the stars helped people know when to plant their crops and how to navigate the seas.

Nearly every culture on Earth grouped stars into patterns and gave them names. The Greeks named one group Orion the Hunter. Meanwhile, Chinese astronomers included the same stars as two of 28 Mansions. Hindi astronomers called these stars the Deer. The most popular star pattern, which we today recognize as the Big Dipper, has had dozens, if not hundreds of names throughout history. The Inuit people of what is now northern Canada at one point called it *Tukturjuit*, the Caribou. In eastern Europe, it was called the Great Wagon, while Arabian societies viewed these stars as a coffin.



Constellations are names astronomers have assigned for regions of the sky based on patterns of stars. Most of the constellation names we use today were named by the ancient Greeks, while the stars' names are mostly Arabic in origin.

The Caribou

**Greater Bear** 

#### **Stellar Facts**

A star pattern within a constellation is called an asterism. Asterisms have common names like the Big Dipper, the Diamond or the Teapot.

#### **Island universes**

We live within a collection of stars called the Milky Way Galaxy. Up until the early 1900s, many astronomers thought the Milky Way (which contains about 300 billion stars) was the entire universe. Although other galaxies could be seen through almost any telescope, scientists did not know how distant they were, assuming they were clouds of gas within our galaxy. But in 1920, an astronomer named Heber Curtis argued otherwise, calling these objects "island universes." In 1923, Edwin Hubble proved Curtis right, calculating the distance to the Andromeda Galaxy and many others, proving once and for all that these nebulae were not nebulae at all, but individual galaxies each containing billions of stars.

#### **Objects that are not comets**

A French comet hunter named Charles Messier created a list of 110 fuzzy objects he saw through his telescope. Messier didn't know what they were at the time, but he could tell that they weren't comets. We now know the following as deep-sky objects: open star clusters, globular star clusters, nebulae and galaxies. The objects are named according to Messier's initial "M" and their number in this catalogue. Messier's list is now the primary target list for amateur astronomers. Most deep-sky objects mentioned in this book are included in Messier's list.



M31 – The Andromeda Galaxy



M1 – The first object in Messier's list of objects that aren't comets



M103 – Open Cluster



M20 – Trifid Nebula

### **Dark Skies**

The objects in this book can be located in the night sky in the northern hemisphere as long as it is the correct season and the sky is clear. However, some galaxies, nebulae and globular clusters require dark or very dark skies. How dark are your skies? Use the images below as a guide.

POOR SKY	FAIR SKY	DARK SKY	VERY DARK SKY		
In a town,	Suburban	Country	50 kilometres		
or during	skies, 10	skies, 20	from the		
a full moon.	kilometres	kilometres	nearest town		
	from the	from the			
	nearest town.	nearest			
		town.	·		
In south a	1. 1100	1 1000			
	1470		Country of the second		
and the second second	and the second second	A DECEMBER OF	A STATE OF A		
			1		
7		7	7		
T	The Whirlpool Galaxy (M51) viewed under				
different sky conditions					

Each blob in this image from the Hubble Space Telescope is a galaxy containing hundreds of billions of stars.

#### How many stars can you see?

Though a telescope, you're able to see millions of stars. Without a telescope, there are fewer than 10,000 stars visible, and only about 2,500 are visible at any one time. Near a town, or when the moon is full, you'll only be able to

see a few hundred stars. In a city, you might only see a dozen! How many stars are there in the observable universe? We can estimate by multiplying the average number of stars in a galaxy by the number of visible galaxies. The total is about one septillion stars (1,000,000,000, 000,000,000,000,000), although astronomers believe the actual number is much higher than this.



### **Seasonal Skies**

Hopefully you know that Earth revolves around the Sun. This fact has a fascinating consequence in astronomy. As Earth orbits the Sun, the nighttime side faces a different part of the sky — the stars overhead at night in the winter are overhead during the day in summer. For this reason, the constellations and targets in this book are ordered by season.

Not all stars rise and set. Many stars in the northern sky can be seen all year from the northern hemisphere. (If you are south of the equator — in Australia, for example — it's the southern stars that do not rise and set.) When you look up at the night sky for any length of time, you'll notice that the stars appear to rotate around the North Star. A complete rotation occurs about once every day, as Earth spins, and about once every year, as Earth revolves around the Sun.

Objects in the night sky that never rise or set but appear to circle the North Star are referred to as "circumpolar." We'll explore many of these objects in Chapter 1.



### **Choosing a Telescope**

Amateur astronomy is a challenging hobby, even for an adult. The targets in this book are beyond the range of toy telescopes. In general, the best telescopes for beginners are either Dobsonians or refractors on solid alt/az (up/down–left/right) mounts. Here are a few things you'll want to look for in a telescope: Avoid telescopes on flimsy or camera tripods. These telescopes may be marketed to kids, but they are extremely challenging to point at objects in space.



### Parts of a Telescope

Refractors, like the telescope on the left, use Reflectors, like the Newtonian telescope on lenses to magnify distant objects. the right, use mirrors to direct light into the eyepiece. **Primary lens** EXPLARE Finderscope Up/down knob Eyepiece **Dew shield Red-dot finder** Atl/Az (up/down/left /right) mount EXPLORE Focusing Left/ knob Focusing right knob knob **Push from** here **Primary** mirror Equatorially mounted (EQ) telescopes (not shown) are designed to track the Earth's rotation along a single tilted axis. They have additional features that can be challenging for young kids.

**PARTS OF A TELESCOPE** 

### **Getting Started**

#### Setting up your telescope

When you set up your telescope, be sure to follow the manual closely or find a video online specific to your telescope, and follow the instructions. Try to set up your telescope on solid, level ground and not a deck. Vibrations from walking on the deck will travel through the telescope and make the image bounce. It's important to have a clear view of most of the sky unobstructed by trees or buildings and away from artificial sources of light.

Once you have the telescope assembled, make sure it is working properly by testing to see if it can point in all directions. Ensure the telescope and mount stays in place when you let go.

#### **Choosing an eyepiece**

Most beginner telescopes come with two eyepieces, one with a larger lens (more glass) than the other. The eyepiece with the larger lens is the one you want to use most of the time. Only use the smaller one when you want to zoom in on a target like a planet. You'll find you won't need to zoom



Barlow lens (use sparingly)

in very often because the most important thing is light gathering, not magnification.

Many telescopes come with a lens called a "3x Barlow" or "2x Barlow." These devices are designed to be placed



Large eyepiece (left) and small eyepiece (right) (Ideally use the larger one)

between the eyepiece and the telescope to triple or double the magnification. However, this also makes your telescope much more difficult to aim and focus, and most of the time the Barlow attachment is unnecessary. A filter may also have been included with your telescope. Filters thread into the bottom of the eyepiece before the eyepiece is set into the telescope. The filter, which may be labelled "Moon" or "Polarized" is designed to reduce brightness and see more details when observing the Moon.

### Focusing your telescope

In order to see anything through your telescope, it must be in focus. To do this, point the telescope at the Moon or a bright star. Then, twist the focusing knob until the image of the Moon is

sharp or a bright star is as small as you can make it.

### Aligning your telescope

For a telescope to work properly, the finderscope (or red-dot finder) must be aligned so that it points at exactly the same place as the telescope. To do this, point the telescope at a bright star. Twist the alignment knobs on the finder scope until the star is centred in both the finderscope and the telescope. If using a red-dot finder, the device must also be turned on.

### Adapting your eyes to the dark

Viewing objects like galaxies, nebulae and globular clusters also requires you to prepare your eyes. It takes about 30 minutes to adapt your eyes to see these objects. This means you can't look at car headlights, porch lights or cell phones. It also means no flashlights (unless covered with red cellophane) and no looking at the Moon.





Moon (or polarizing) filter



Moon in focus (left) and out of focus (right)



### **Star Hopping**

To find any object in the night sky, you'll have to plot a route! Imagine you're giving directions to the nearest store. You might say, "Turn right at the traffic signal and left at the stop sign." The same strategy works in the night sky. A seasoned stargazer might say: "Follow the pointer stars to the North Star. Then hop over to Cassiopeia — you'll find the Dragonfly Cluster near the bottom left star in the W." This may sound confusing, but it will come naturally as you learn the constellations and bright stars.



### **CHAPTER 1 Year-Round Objects**



### **01** The Moon

The Moon completes a full cycle through its phases about once every 29 days. Each night, the Moon's phase is slightly different.

The Full Moon as viewed through a small telescope or binoculars.

The Moon viewed at the same time each evening.

Night 7

First-Quarter Moon

Night 14

Gibbous Moon

Full Moon

Eastern Horizon

Southern Horizon

After the Full Moon, the Moon "wanes" through the following phases: Waning Gibbous, Third Quarter, Waning Crescent and then back to New Moon.

**Crescent Moon** 

Night 1

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Western Horizon

\*As viewed from the Northern Hemisphere

New Moon

**YEAR-ROUND OBJECTS** 



# **02** The Big Dipper & The Surfboard Galaxy

The Big Dipper is the most recognizable shape in the night sky. It is circumpolar, meaning that it stays above the horizon for most people living in the northern hemisphere. The stars in the Big Dipper make great targets to explore with your telescope. In very dark skies, try to find the Surfboard Galaxy (M108) close to the bowl of the Dipper.

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The Surfboard Galaxy (M108)

The Big Dipper

The Big Dipper is not a constellation. It is a pattern of stars within the constellation Ursa Major (Greater Bear). These star patterns are called asterisms.

**Stellar** 

**Facts** 

### **03** Mizar & Alcor

Mizar and Alcor (nicknamed the Horse and Rider) make up the centre of the handle of the Big Dipper. Both Mizar and Alcor are visible without a telescope. What makes them interesting is that through a telescope, you'll notice that Mizar is actually two stars!



#### Stellar Facts

Many of the stars you see in the night sky are actually double stars, but most are so close together, and so bright, that they appear as one.

#### What are stars?

Stars are giant balls of hot gas, mainly hydrogen and helium. They are held together by gravity and generate heat by a nuclear reaction called fusion. Their colour, which ranges from red to blue, is directly linked to their temperature. The coolest stars are red, while the hottest stars are blue.

## **04** The Whirlpool & Pinwheel Galaxies

These two galaxies, located near the Big Dipper, make great targets for winter, spring and summer (they are a bit low in the sky in the fall). If you're near a town or city, if the Moon is up or if you have not adapted your eyes to the dark, the Pinwheel may be invisible, but in dark skies it's a beautiful sight.



Galaxies often look dim and blurred, mainly due to imperfect sky conditions. Astronomers call these views "beautiful smudges."



**YEAR-ROUND OBJECTS** 

### **05** The North Star (Polaris)

The entire northern sky appears to move around the North Star — it stays in the same place all year. It is called Polaris because it stays so close to the celestial pole. Many people think it is the brightest star in the sky, but in fact it's number 48. (Sirius, found in Canis Major, wins the prize for the

brightest star.)

#### Stellar Facts

This star was important for sailors navigating at sea. The angle between this star and the horizon, multiplied by 69, provides the sailor their distance (in miles) from the equator!

Find the North Star by following these two "pointer" stars in the Big Dipper.

The Big Dipper

**The North Star** 

Through a telescope, you may be able to see a companion star, Polaris B.

DIFFICULTY

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Polaris A

Polaris B

### **06** The Little Dipper & Bode's Nebula

It can be a challenge to identify the Little Dipper because its stars are quite dim. Start by finding the North Star at the end of the handle and work your way over to the cup.

Bode's Nebula, a spiral galaxy, and the Cigar Galaxy (M82) near the Big Dipper are visible through a small telescope almost every clear night. You should be able to see both galaxies at once.

The Little Dipper

The Big Dipper



Stellar Facts

The Little Dipper is a nickname for the constellation Ursa Minor, which means "lesser bear."

Cigar Galaxy (M82)

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Bode's Nebula (M81)

### **07** The Big W & Cluster M103

The Big W (or Cassiopeia) is always found on the opposite side of the North Star from the Big Dipper. Knowing how to find the Big W will lead to several other targets in this book, such as the Andromeda Galaxy and the Dragonfly Cluster. Open star cluster M103 is found within the Big W.



Stellar Facts



In Greek mythology, Cassiopeia is a vain queen, obsessed with her own beauty.

As Earth spins, the sky appears to rotate around the North Star. For this reason, the Big W may appear on any side of the North Star depending on the time of night.

### **08** The Dragonfly (NGC 457)

Looking more closely at the Big W, you will find plenty of interesting star patterns. The most fun cluster to see through a telescope is the Dragonfly. Recently, this cluster has become known as the E.T. Cluster, named after the alien from the Steven Spielberg movie, *E.T.: The Extra-Terrestrial*.



**YEAR-ROUND OBJECTS** 

### **09** Kemble's Cascade

The Big W

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In the dim constellation Camelopardalis lies a beautiful chain of stars named after Father Lucien Kemble, a Canadian priest. Because Camelopardalis is difficult to identify, you'll need to use the Big W (Cassiopeia) as a guide. Kemble's Cascade through a telescope or binoculars.

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The North Star

A star cluster named NGC 1502 can be found at one end of Kemble's Cascade. DIFFICULTY